



## Discover the Empowerment Dynamic: Create Inspired Outcomes in Your Work & Life with The Power of TED\*™

Life can be challenging. Events happen that feel beyond our control, and demands for our time stretch us past our limits. How can we effectively deal with life's challenges AND maintain productivity, a positive attitude and motivation?

David Emerald, author of **The Power of TED\* (\*The Empowerment Dynamic)**, offers a unique perspective and approach to making the shift **from** focusing on and reacting to problems and **toward** creating a vision and actions that move us toward what we want to create. TED\* provides a set of a remarkable framework and processes that can transform your workplace and your life.

**JOIN US FOR THIS SEMINAR:**

**dreamclinic™**

**January 8, 2010**

**9:00 a.m. – 4:00 p.m.**

**Location: Dreamclinic Massage Center  
902 NE 65th Street  
Seattle, WA 98115**

### Introducing **The Power of TED\***

This 1-day seminar provides an in-depth overview of:

- The Dreaded Drama Triangle (DDT) and how the roles and mindsets of Victim, Persecutor and Rescuer keep us stuck in non-productive patterns.
- How The Empowerment Dynamic\* (\*TED) creates more powerful roles as alternatives to those found in the DDT.
- Key differences between a problem-focused & reactive orientation versus one that is outcome-centered and passion driven.
- How to harness the Dynamic Tension framework as a simple way to create the outcomes you want.

You will leave with the ability to:

- Identify your own patterns and the roles you play.
- Recognize roles that others play.
- Begin to make the shift between the orientations and make small steps to manifest powerful results in your work and life.

#### **To Register**

**Cost:** \$195 **For groups of 2 or more:** \$175/person

**Questions?** Contact us: [service@dreamclinic.com](mailto:service@dreamclinic.com); 206-267-0863

#### **About the Author and Facilitator:**

David Emerald Womeldorff is a consultant, coach, speaker and author. He is co-founder of the Bainbridge Leadership Center and is a long-time executive coach and a member of the coaching faculty for the University of Notre Dame's "Executive Integral Leadership Program."

Previous participants say:

*"The Power of TED\* will change the way you look at addressing challenges and effecting change."*

*"The Power of TED\* is an empowering experience that lays out practical solutions anyone can immediately start doing."*

**Call (206-267-0863) to register today—space is limited!**

